



American Stroke Association
A division of the American Heart Association.

Together to End Stroke®

Managing Your Prescription Medications Discussion Guide

Understanding the importance of filling or refilling prescriptions on time, as well as taking medications on schedule or as prescribed, is key to managing your health.

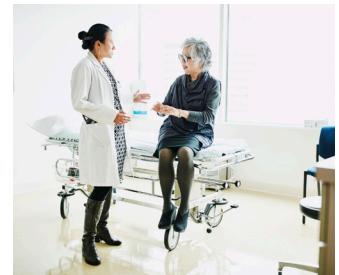
Have an honest discussion with your health care team about your prescriptions. It's important they accurately understand your medication use. The conversation also will allow you to:



Better understand your medications, what they are for and how to take them.



Understand what tools you can use to help manage your medications.



Express your concerns on the cost of the medications.

You can use these questions to help have a productive conversation:

1. What is the medication's name, what is it for and what does it look like?
2. When and how do I take this medication?
3. What are the possible side effects?
4. When should I expect the medication to start working?
5. What do I do if I forget to take my medication?
6. What are the consequences if I stop taking this medication altogether?
7. Besides time of day, is there anything else I should know about taking my medications, such as on a full stomach, with milk, with other medications?