



American Stroke Association.  
A division of the American Heart Association.

Together to End Stroke®

# BEA

# STROKE HERO



## LEARN TO SPOT A STROKE F.A.S.T.

### WHAT IS STROKE?

A stroke occurs when the flow of oxygen to a part of the brain is blocked. Without oxygen, brain cells start to die within a few minutes.

In the United States, nearly 800,000 people have a stroke every year, and around 130,000 of them die from it.

But, stroke is treatable by doctors and the faster the person receives treatment at the hospital, the less likely they are to die or have a disability (like being unable to walk or or talk) from the stroke.

**YOU CAN BE A STROKE HERO AND POSSIBLY HELP SAVE A LIFE** by learning how to spot a stroke F.A.S.T.!

## USE THE LETTERS F-A-S-T

to **SPOT THE SUDDEN SIGNS OF STROKE** and know when to **CALL 911.**



# F

FACE DROOPING



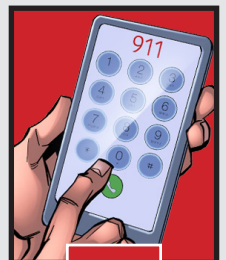
# A

ARM WEAKNESS



# S

SPEECH DIFFICULTY



# T

TIME TO CALL 911

You can be a Stroke Hero and your superpower is recognizing the signs of stroke, and calling 911 right away.

[stroke.org](http://stroke.org)