



Vaccinations can significantly benefit heart health. Before your appointment, consider discussing the following:

● Which vaccines are recommended for my age and health conditions?

● What are the risks of not getting vaccinated, especially for my heart health?

● When should I schedule my vaccinations?

● Are there any vaccines I should avoid due to my allergies or medical history?

● What potential side effects should I be aware of, and how should I respond if I experience any?

● How effective are these vaccines in preventing heart-related diseases?

● Do I need any booster shots, and when should I get them?

● How long does immunity last for each vaccine?

● Can I receive multiple vaccines in one visit?

● How do vaccines protect my body and heart from diseases?

For more information on how vaccinations can help protect your heart, visit heart.org/vaccines.