



American Stroke Association.
A division of the American Heart Association.

Together to End Stroke®

Personality Changes After Stroke Discussion Guide

After a stroke, survivors often experience emotional, behavioral and cognitive changes. That's because stroke affects the brain, which controls our emotions, behavior and thinking. These changes are common and vary greatly. They're also highly undiagnosed, so it's important for you and/or your caregiver to talk with your health care professional to:



Identify and understand emotional, behavioral and cognitive changes.



Determine a treatment plan.



Recognize their impact on your daily activities.

Be sure to ask your health care professional questions such as:

1. What is personality change after stroke?
2. What symptoms may suggest I'm experiencing emotional, behavioral or cognitive changes after a stroke?
3. What are the different types of emotional and cognitive changes after stroke?
4. What are some strategies to help with my emotional, behavioral and cognitive changes?
5. What are treatment options for post-stroke personality changes?

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